

Inhaler technique explanation



1	Washes hands	
2	Introduces themselves	
3	Confirms patient details	
4	Checks understanding of inhalers	
5	Explains what an inhaler device is	
6	Explains when an inhaler should be used	
7	Asks patient to summarise the key points (<i>then goes on to demonstrate each of the steps below</i>)	
8	Prepares inhaler	
9	Exhales fully	
10	Tightly seals lips around mouthpiece	
11	Breathes in slowly through mouth and presses down on canister	
12	Continues to inhale slowly and deeply	
13	Holds breath for approximately 10 seconds	
14	Removes inhaler and exhales gently	
15	Asks patient to repeat the above steps and observes technique	
16	Gives feedback on patient's technique & re-demonstrates if required	
17	Summarises key points	
18	Provides an opportunity for the patient to ask questions	
19	Provides information if available	
20	Thanks patient	
21	Washes hands	

Read the full guide at
GEEKYMEDICS.COM



Download our
OSCE APP

