

Penile Catheterisation



INTRODUCTION		
1	Introduces themselves	
2	Confirms patient details	
3	Explains procedure & gains consent	
4	Requests a chaperone	
5	Gathers equipment	
PREPARATION		
6	Cleans trolley	
7	Washes hands	
8	Dons apron	
9	Sets up sterile field	
10	Positions patient appropriately	
11	Washes hands again and dons sterile gloves	
12	Places sterile absorbent pad beneath patient's genitals	
13	Cleans the penis	
14	Discards gloves	
15	Washes hands and dons new pair of sterile gloves	
16	Places sterile drape over patient's penis	
17	Places sterile receiver below the penis	
18	Inserts anaesthetic gel	
INSERTING THE CATHETER		
19	Removes tear away portion of the catheter wrapper	
20	Holds the penis using some gauze with dirty hand	
21	Inserts catheter tip into the urethral meatus with clean hand	
22	Advances catheter until fully inserted	
23	Observes for urine draining	
24	Inflates balloon with 10mls of water	
25	Withdraws catheter until resistance is felt	
26	Attaches catheter bag to catheter	
27	Places catheter below the level of the patient	
28	Replaces the patient's retracted foreskin	

29	Cleans up the patient	
30	Disposes of equipment appropriately	
31	Allows patient privacy to get re-dressed	
TO COMPLETE THE PROCEDURE		
32	Thanks patient	
33	Washes hands	
34	Indicates need to document procedure	

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