

Knee examination



Instructions - “*Examine the knee of this patient*”

1	Washes hands	
2	Introduces themselves & confirms patient details	
3	Explains examination & gains consent	
4	Exposes patient appropriately	
5	Assesses patient's gait	
6	Inspects patient's knees from all angles	
7	Assesses and compares knee joint temperature	
8	Palpates quadriceps tendon	
9	Palpates knee joint	
10	Measures quadriceps circumference	
11	Performs patellar tap	
12	Sweep test	
13	Active knee flexion	
14	Active knee extension	
15	Passive knee flexion	
16	Passive knee extension	
17	Passive knee hyperextension	
18	Anterior / posterior drawer test	
19	Assessment of collateral ligaments	
20	Thanks patient & washes hands	

EXAMINER

“*Summarise your findings and suggest further investigations*”

21	Accurately summarises salient findings	
22	Suggests appropriate further investigations	

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