

Rectal (PR) examination



Instructions - *“Perform a rectal examination on this patient”*

1	Washes hands	
2	Introduces themselves & confirms patient details	
3	Explains examination & gains consent	
4	Requests a chaperone	
5	Performs general inspection	
6	Gathers equipment	
7	Dons apron & gloves	
8	Positions and exposes patient appropriately	
9	Inspects the anus and surrounding skin	
10	Lubricates finger	
11	Warns patient of finger insertion	
12	Inserts finger gently into the anal canal	
13	Palpates prostate anteriorly (<i>male</i>)	
14	Rotates finger through entire anal circumference	
15	Assesses anal tone	
16	Withdraws finger and inspects glove	
17	Cleans patient	
18	Covers patient & allows them privacy to get dressed	
19	Disposes of clinical waste	
20	Washes hands	
21	Thanks patient	

EXAMINER

“Summarise your findings, suggest further investigations and offer a differential diagnosis”

23	Accurately summarises salient findings	
24	Suggests appropriate further investigations	
25	Suggests appropriate differential diagnosis	

Read the full guide at
GEEKYMEDICS.COM



Download our
OSCE APP

