

# IM Injection



INTRODUCTION		
1	Introduces themselves	
2	Confirms patient details	
3	Explains procedure and medication to be administered.	
4	Checks for allergies, bleeding disorders and anticoagulants.	
5	Gains consent	
6	Gathers equipment	
PREPARATION		
7	Checks the 7 rights of medication administration before proceeding	
8	Washes hands	
9	Dons gloves and apron	
10	Draws up appropriate medication using drawing up needle	
11	Removes drawing up needle, disposes of it immediately and attaches injection needle	
12	Chooses appropriate site for injection and positions patient appropriately	
13	Cleans the site and waits until it has dried before proceeding (optional)	
INJECTION		
14	Applies traction to the skin using the Z-track technique	
15	Warns the patient of a sharp scratch	
16	Inserts needle at 75-90 degrees to an appropriate depth	
17	Aspirates needle and only continues if no blood is noted (not needed for deltoid vaccine)	
18	Injects medication slowly	
19	Removes needle and disposes of it into sharps bin	
20	Releases traction on the skin	
21	Applies gentle pressure over the injection site and then dresses site	
TO COMPLETE THE PROCEDURE		
22	Washes hands	
23	Thanks patient	
24	Discusses post injection care with patient	
25	Documents medication administered and procedure appropriately	

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