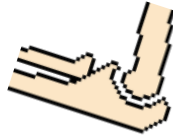


Elbow examination



Instructions - “*Examine the elbow joint of this patient*”

1	Washes hands	
2	Introduces themselves & confirms patient details	
3	Explains examination & gains consent	
4	Exposes patient's upper limbs	
5	Inspects elbow (<i>anterior / lateral / posterior</i>)	
6	Assesses & compares joint temperature	
7	Palpates key anatomical landmarks around around joint	
8	Active elbow flexion	
9	Active elbow extension	
10	Active pronation	
11	Active supination	
12	Repeats all movements passively	
13	Active wrist flexion against resistance	
14	Active wrist extension against resistance	
15	Thanks patient	
16	Washes hands	

EXAMINER

“*Summarise your findings, suggest further investigations and offer a differential diagnosis*”

17	Accurately summarises salient findings	
18	Suggests appropriate further investigations	
19	Suggests appropriate differential diagnosis	

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