

Blood Glucose Measurement

Instructions - “*Measure the capillary blood glucose of this patient*”

1	Washes hands	
2	Introduces themselves & confirms patient details	
3	Explains procedure & gains consent	
4	Ensures patient has washed their hands	
5	Dons gloves	
6	Turns on blood glucose monitor	
7	Inserts test strip into monitor	
8	Pricks patient's finger	
9	Squeezes finger to produce blood droplet	
10	Touches tip of test strip against droplet	
11	Applies gauze to the puncture site	
12	Notes reading from blood glucose meter	
13	Disposes of lancet into sharps bin	
14	Disposes of clinical waste	
15	Thanks patient	
16	Washes hands	
17	Documents blood glucose reading appropriately (or indicates the need to)	

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