

Nasogastric tube (NGT) insertion



Instructions - “*Perform nasogastric tube insertion on this patient*”

1	Washes hands	
2	Introduces themselves & confirms patient details	
3	Explains procedure & gains consent	
4	Gathers equipment	
5	Positions patient upright	
6	Dons gloves	
7	Measures length of NG tube for insertion	
8	Lubricates tip of the NG tube	
9	Indicates the need to use local anaesthetic spray if possible	
10	Inserts NG tube appropriately	
11	Asks patient to take small sips of water	
12	Inspects mouth to rule out tube coiling	
13	Secures NG tube to nose with dressing	
14	Attempts aspiration via NG tube	
15	Assesses pH of fluid retrieved	
16	Indicates need for CXR for if pH >4	
17	Removes guide wire if safe for feeding	
18	Disposes of clinical waste	
19	Washes hands	
20	Thanks patient	

EXAMINER

“*What else would you do to complete the procedure?*”

21	Document procedure in the notes, including length of insertion, pH and complications.	
22	Request a CXR to assess NG tube position (if pH >4)	

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