

# Speculum Examination



**Instructions** - “*Perform a speculum examination on this patient*”

1	Washes hands	
2	Introduces themselves & confirms patient details	
3	Explains procedure & gains consent	
4	Requests a chaperone	
5	Positions patient appropriately	
6	Dons gloves	
7	Inspects the vulva	
8	Lubricates speculum	
9	Warns patient of speculum insertion	
10	Inserts speculum with blades closed	
11	Opens speculum blades once fully inserted & tightens locking nut	
12	Inspects the cervix	
13	Removes speculum	
14	Disposes of speculum and gloves	
15	Re-covers patient and allows them privacy to get dressed	
16	Washes hands	
17	Thanks patient	
18	Summarises salient findings	
19	Suggests further assessments & investigations	

Read the full guide at  
**GEEKYMEDICS.COM**

Download our  
**OSCE APP**

