**SURGICAL GLOVING**

1. Open the **inner glove packet** that you previously dropped onto your sterile field.

2. **Pick up** one **glove** by the **folded cuff edge** with your **sleeve-covered hand**.

3. **Place the glove on the opposite gown sleeve palm down**, with the glove **fingers pointing toward you**. The palm of the hand inside the gown sleeve must be facing upward toward the palm of the glove.

4. **Place the glove's rolled cuff edge at the seam** that connects the sleeve to the gown cuff. **Grasp the bottom rolled cuff edge** of the glove with the **thumb and index finger** of the hand the glove is on top of.

5. While holding the glove's cuff edge with one hand, **grasp the uppermost edge of the glove's cuff with the opposite hand**.

6. Continuing to grasp the glove, **stretch the cuff of the glove over the hand**.

7. Using the opposite sleeve covered hand, **grasp both the glove cuff and sleeve cuff seam and pull the glove** onto the hand. Pull any excessive amount of glove sleeve from underneath the cuff of the glove.

8. Using the **hand that is now gloved** put on the **second glove in the same manner**. Check to make sure that each gown cuff is secured and covered completely by the cuff of the glove.

9. **Hands should remain within the sleeves** at all times until inside the glove.

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