

Surgical Gloving Technique



SURGICAL GLOVING	
1	Open the inner glove packet that you previously dropped onto your sterile field.
2	Pick up one glove by the folded cuff edge with your sleeve-covered hand .
3	Place the glove on the opposite gown sleeve palm down , with the glove fingers pointing toward you . The palm of the hand inside the gown sleeve must be facing upward toward the palm of the glove.
4	Place the glove's rolled cuff edge at the seam that connects the sleeve to the gown cuff. Grasp the bottom rolled cuff edge of the glove with the thumb and index finger of the hand the glove is on top of.
5	While holding the glove's cuff edge with one hand, grasp the uppermost edge of the glove's cuff with the opposite hand .
6	Continuing to grasp the glove, stretch the cuff of the glove over the hand .
7	Using the opposite sleeve covered hand, grasp both the glove cuff and sleeve cuff seam and pull the glove onto the hand. Pull any excessive amount of glove sleeve from underneath the cuff of the glove.
8	Using the hand that is now gloved put on the second glove in the same manner . Check to make sure that each gown cuff is secured and covered completely by the cuff of the glove.
9	Hands should remain within the sleeves at all times until inside the glove.

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