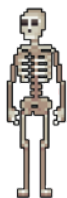


pGALS examination



1	Washes hands	
2	Introduces themselves & confirms child's details	
3	Explains examination & gains consent	
4	Exposes child appropriately	
5	Asks the 3 screening questions	
6	Inspects the child from the front, side and behind	
7	Assesses gait (including tiptoe and heel walking)	
8	Asks the child to hold their hands out in front of them , with their palms facing down and fingers outstretched	
9	Asks the child to turn their hands over (supination)	
10	Asks the child to make a fist whilst observing hand function	
11	Asks the child to touch each finger in turn to their thumb (precision grip)	
12	Gently squeezes across the metacarpophalangeal (MCP) joints	
13	Asks the child to put their hands together palm to palm	
14	Asks the child to put their hands together back to back	
15	Asks the child to “Reach up and touch the sky”	
16	Ask the child to look at the ceiling	
17	Ask the child to put their hands behind their neck	
18	Assesses active knee flexion and extension whilst feeling for crepitus	
19	Assesses passive knee flexion and extension	
20	Assesses passive internal rotation of the hip joint	
21	Performs patellar tap test	
22	Assesses lateral flexion of the cervical spine	
23	Assesses temporomandibular joint function	
24	Assesses lumbar flexion	
25	Thanks the child and washes hands	

EXAMINER

“Summarise your findings and suggest further investigations”

26	Accurately summarises salient findings	
27	Suggests appropriate further investigations	