



OSCE Checklist: Depression History Taking

Opening the consultation	
1	Introduce yourself to the patient including your name and role
2	Confirm the patient's name and date of birth
3	Ask the patient if they'd be happy to talk with you about their current issues
Presenting complaint	
4	Use open questioning to explore the patient's presenting complaint
Screening for depression	
5	Ask the patient if they have felt low, depressed or hopeless in the last month
6	Ask the patient if they have had little interest or pleasure in doing things in the last month
Exploring symptoms of depression	
7	Sleep cycle disruption
8	Low mood
9	Appetite change
10	Reduced libido
11	Reduced concentration
12	Negative perception of current/future situation
13	Negative perception of self
Assess suicide risk	
14	Assess the patient's risk of suicide
Screening for other psychiatric diagnoses	
15	Screen for features of mania
16	Screen for features of schizophrenia
Past psychiatric history	
17	Ask the patient if they have had previous episodes of depression
18	Ask the patient if they have been diagnoses with other mental health conditions
Drug history	
19	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
20	Ask the patient if they're currently experiencing any side effects from their medication
Family history	
21	Ask the patient if there is any family history of psychiatric disease in first-degree relatives
Social history	

22	Explore the patient's general social context	
23	Assess the impact of patient's depressive symptoms on their relationships and work	
24	Take a smoking history	
25	Take an alcohol history	
26	Ask about recreational drug use	
27	Ask about gambling	
Insight		
28	Assess the patient's insight into their condition	
Closing the consultation		
29	Ask the patient if they have any questions or concerns that have not been addressed	
30	Thank the patient for their time	
Key communication skills		
31	Active listening	
32	Summarising	
33	Signposting	

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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