



## OSCE Checklist: Elbow Examination

Introduction		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Briefly explain what the examination will involve using patient-friendly language	
5	Gain consent to proceed with the examination	
6	Adequately expose the patient's upper limbs	
7	Position the patient standing facing you with their arms by their side in the anatomical position	
8	Ask the patient if they have any pain before proceeding with the clinical examination	
Look		
9	Perform a brief general inspection of the patient, looking for clinical signs suggestive of underlying pathology	
10	Inspect both upper limbs with the patient standing (anterior/lateral/posterior view)	
Feel		
11	Assess and compare elbow joint temperature	
12	Palpate each of the elbow joints	
13	Palpate the biceps tendon on each arm	
Move		
14	Assess active elbow flexion	
15	Assess active elbow extension	
16	Assess active pronation	
17	Assess active supination	
18	Repeat all of the above assessments passively	
Special tests		
19	Assess active wrist flexion against resistance	
20	Assess active wrist extension against resistance	
To complete the examination...		
21	Explain to the patient that the examination is now finished	
22	Thank the patient for their time	
23	Dispose of PPE appropriately and wash your hands	
24	Summarise your findings	

<b>25</b>	Suggest further assessments and investigations (e.g. neurovascular examination of both upper limbs, examination of the joint above and below and further imaging)	
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