



OSCE Checklist: Parkinson's Disease Examination

Introduction	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Briefly explain what the examination will involve using patient-friendly language
5	Gain consent to proceed with the examination
6	Ask the patient to expose their hands, wrists and elbows (e.g. by rolling up their sleeves or removing a jacket) and to take a seat
7	Ask the patient if they have any pain before proceeding with the clinical examination
General inspection	
8	Perform a brief general inspection of the patient, looking for clinical signs suggestive of Parkinson's disease
Tremor	
9	Inspect for tremor (resting, postural, kinetic)
Bradykinesia	
10	Ask the patient to perform a repetitive movement (e.g. finger tapping)
Tone	
11	Assess tone in the upper limb at the wrist, elbow and shoulder joint
Gait	
12	Ask the patient to stand from their seated position with their arms across their chest to screen for postural instability
13	Ask the patient to walk to the end of the examination room and then turn and walk back whilst you observe their gait
Other assessments	
14	Ask the patient to write a sentence and draw a spiral to assess for asymmetric progressive micrographia
15	Ask the patient to undo and do up their top shirt button (if present) to assess dexterity and speed of movement
To complete the examination...	
16	Explain to the patient that the examination is now finished
17	Thank the patient for their time
18	Dispose of PPE appropriately and wash your hands
19	Summarise your findings
20	Suggest further assessments and investigations (e.g. cerebellar examination, eye movement assessment, cognitive assessment)