



OSCE Checklist: Skin Lesion Examination

Introduction	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Briefly explain what the examination will involve using patient-friendly language
5	Explain the need for a chaperone if the skin lesion is located in an intimate area
6	Gain consent to proceed with the examination
7	Adequately expose the skin lesion and position the patient so that you can clearly visualise it
8	Ask the patient if they have any pain before proceeding with the clinical examination
General inspection	
9	Note the number, location and distribution of the patient's skin lesions from the end of the bed
10	Look for objects or equipment on or around the patient that may provide useful insights into their medical history and current clinical status
Close inspection	
11	Assess the size of the lesion(s)
12	Assess the configuration of the lesion(s)
13	Assess the colour of the lesion(s)
14	Assess the form and structure of the lesion(s)
Assessment of a pigmented lesion	
15	Assess the symmetry of the skin lesion
16	Assess the borders of the skin lesion
17	Assess the colour of the skin lesion
18	Assess the diameter of the skin lesion
19	Assess the elevation of the skin lesion and take a history of the lesion's evolution
20	Inspect for other pigmented lesions and palpate local lymph nodes
Palpation	
21	Don gloves if the skin lesion is felt to be infective or is likely to expose you to bodily fluids
22	Assess the surface and deeper characteristics of the lesion
Systemic examination	
23	Inspect the nails and hands for relevant clinical signs
23	Inspect the elbows for evidence of psoriasis plaques, xanthomas (hyperlipidaemia) or rheumatoid nodules (rheumatoid arthritis)

25	Inspect the hair and scalp for relevant clinical signs	
26	Inspect the oral mucosa for relevant clinical signs	
To complete the examination...		
27	Explain to the patient that the examination is now finished and provide them with privacy to get dressed if relevant	
28	Thank the patient for their time	
29	Dispose of PPE appropriately and wash your hands	
30	Summarise your findings	
31	Suggest further assessments and investigations (e.g. swabs/skin scrapings, dermatoscopy, biopsy)	

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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