# OSCE Checklist: Testicular Examination

## Introduction

1. Wash your hands and don PPE if appropriate
2. Introduce yourself to the patient including your name and role
3. Confirm the patient’s name and date of birth
4. Briefly explain what the examination will involve using patient-friendly language
5. Explain the need for a chaperone
6. Gain consent to proceed with the examination
7. Explain to the patient that they’ll need to remove their underwear and lie on the clinical examination couch, covering themselves with the sheet provided. Provide the patient with privacy to undress and check it is ok to re-enter the room before doing so.
8. Ask the patient if they have any pain before proceeding with the clinical examination

## Inspection

9. Inspect the patient’s penis, groin and abdomen for relevant clinical signs
10. Ask the patient to lift their penis out of the way to allow you to closely inspect the scrotum and perineum for relevant clinical signs

## Palpation

11. Examine the penis for relevant clinical signs
12. Palpate each testicle and assess any scrotal masses
13. Palpate the epididymis
14. Palpate the spermatic cord
15. Perform Phren’s test
16. Assess the cremasteric reflex

## Assessment of the scrotum whilst the patient is standing

17. At the end of the examination, ask the patient to stand to allow you to re-assess the scrotum
18. Inspect and palpate the posterior scrotum for evidence of varicocele (a palpable mass that feels like a bag of worms) or a hernia (a mass which you cannot get above)

## To complete the examination...

19. Explain to the patient that the examination is now finished and provide them with privacy to get dressed
20. Thank the patient for their time
21. Dispose of PPE appropriately and wash your hands
22. Summarise your findings
23. Suggest further assessments and investigations (e.g. full abdominal examination, digital rectal examination, ultrasound scan of the testicles)

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