



# OSCE Checklist: Vaginal Examination

Introduction		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Explain what the examination will involve using patient-friendly language	
5	Explain the need for a chaperone	
6	Gain consent to proceed with the examination	
7	Ask the patient if they have any pain before proceeding with the clinical examination	
8	Ask the patient to remove their underwear for the examination and provide them with privacy whilst they get undressed	
Abdominal examination		
9	Perform a brief abdominal examination assessing the nine regions of the abdomen	
Vulval inspection		
10	Don gloves and position the patient in the modified lithotomy position	
11	Inspect the vulva including asking the patient to cough	
Vaginal examination		
12	Re-check that the patient is happy to continue with the examination	
13	Perform palpation of the vaginal walls	
14	Perform palpation of the vaginal fornices	
15	Bimanually palpate the uterus	
16	Bimanually palpate the adnexa	
17	Withdraw fingers and inspect for blood or abnormal discharge	
18	Re-cover the patient and explain the examination is complete	
19	Dispose of the used equipment into a clinical waste bin	
To complete the examination...		
20	Thank the patient for their time	
21	Dispose of PPE appropriately and wash your hands	
22	Summarise your findings	
23	Suggest further assessments and investigations (e.g. urinalysis, speculum examination, vaginal swabs, ultrasound, complete abdominal examination)	