### OSCE Checklist: Vaginal Examination

**Introduction**

1. Wash your hands and don PPE if appropriate
2. Introduce yourself to the patient including your name and role
3. Confirm the patient’s name and date of birth
4. Explain what the examination will involve using patient-friendly language
5. Explain the need for a chaperone
6. Gain consent to proceed with the examination
7. Ask the patient if they have any pain before proceeding with the clinical examination
8. Ask the patient to remove their underwear for the examination and provide them with privacy whilst they get undressed

**Abdominal examination**

9. Perform a brief abdominal examination assessing the nine regions of the abdomen

**Vulval inspection**

10. Don gloves and position the patient in the modified lithotomy position
11. Inspect the vulva including asking the patient to cough

**Vaginal examination**

12. Re-check that the patient is happy to continue with the examination
13. Perform palpation of the vaginal walls
14. Perform palpation of the vaginal fornices
15. Bimanually palpate the uterus
16. Bimanually palpate the adnexa
17. Withdraw fingers and inspect for blood or abnormal discharge
18. Re-cover the patient and explain the examination is complete
19. Dispose of the used equipment into a clinical waste bin

**To complete the examination...**

20. Thank the patient for their time
21. Dispose of PPE appropriately and wash your hands
22. Summarise your findings
23. Suggest further assessments and investigations (e.g. urinalysis, speculum examination, vaginal swabs, ultrasound, complete abdominal examination)

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