



## OSCE Checklist: Alcohol History Taking

<b>Opening the consultation</b>		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Explain the purpose of the consultation and gain consent	
<b>Screening tools</b>		
5	Use an appropriate screening tool (e.g. AUDIT-C or CAGE)	
<b>Alcohol intake</b>		
6	Ask the patient when they first noticed an increase in their alcohol intake and try to identify any factors that played a role in this	
7	Assess the patient's current drinking pattern	
8	Quantify the patient's alcohol intake	
9	Ask about the patient's drinking behaviours	
10	Ask if the patient has previously attempted to stop drinking	
<b>Impact of alcohol</b>		
11	Screen for biological signs of dependence	
12	Screen for psychological signs of dependence	
13	Ask if alcohol has impacted the patient's relationships with others	
14	Ask if alcohol has impacted the patient's job	
15	Ask what the patient's diet looks like on an average day and if they feel alcohol is negatively affecting it	
16	Ask if the patient has ever had involvement of the police for alcohol-related issues	
<b>Psychological assessment</b>		
17	Perform a brief assessment of the patient's current mood to identify signs of depression or other psychological issues	
18	Screen for thoughts of self-harm or suicide	
19	Screen for thoughts of harming others	
<b>Past medical history</b>		
20	Ask if the patient has any medical conditions. If the patient does have a medical condition, you should gather more details to assess how well controlled the disease is and what treatment(s) the patient is receiving.	
21	Ask if the patient has previously undergone any surgery or procedures (e.g. banding of oesophageal varices)	

<b>22</b>	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance	
<b>Drug history</b>		
<b>23</b>	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies	
<b>Social history</b>		
<b>24</b>	Explore the patient's general social context	
<b>25</b>	Take a smoking history	
<b>26</b>	Ask about recreational drug use	
<b>27</b>	Ask about problematic gambling	
<b>Closing the consultation</b>		
<b>28</b>	Thank the patient for their time	
<b>29</b>	Offer leaflets about alcohol dependence and the negative health impact of alcohol	
<b>30</b>	Offer referral to an alcohol rehabilitation service if appropriate	
<b>31</b>	Dispose of PPE appropriately and wash your hands	
<b>Key communication skills</b>		
<b>32</b>	Active listening	
<b>33</b>	Summarising	
<b>34</b>	Signposting	

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