



OSCE Checklist: Bisphosphonate Counselling

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Clarify the purpose of the consultation	
5	Assess the patient's ideas, concerns and expectations	
Patient history		
6	Ask about relevant past medical conditions	
7	Ask about current medications including prescribed and over the counter drugs	
8	Ask about osteoporosis risk factors	
Bisphosphonates explanation		
9	Explain what bisphosphonates are and how they work	
10	Explain how to take bisphosphonates	
11	Explain the timing of bisphosphonate treatment	
12	Explain the side effects of bisphosphonates	
Lifestyle advice		
13	Explain the importance of exercise in maintaining bone health	
14	Explain the importance of a high calcium diet	
15	Advise the patient about minimising osteoporosis risk factors (e.g. smoker)	
Closing the consultation		
16	Summarise the key points	
17	Provide leaflet or advice on where to find more information	
18	Thank the patient for their time	
19	Dispose of PPE appropriately and wash your hands	
Key communication skills		
20	Active listening	
21	Summarising	
22	Signposting	