OSCE Checklist: Breast Lump History Taking

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Explain that you'd like to take a history from the patient	
5	Gain consent to proceed with taking a history	
Presenting complaint		
6	Use open questioning to explore the patient's presenting complaint	
History of presenting complaint		
7	Site: ask where the breast lump is	
8	Onset: clarify when the breast lump first developed	
9	Character: ask the patient to describe how the breast lump feels	
10	Radiation: if pain is associated with the breast lump, ask if it radiates	
11	Associated symptoms: ask if there are any other associated symptoms	
12	Time course: ask how the breast lump has changed over time	
13	Exacerbating or relieving factors: ask if anything makes the breast lump worse or better	
14	Severity: assess the severity of any associated pain by asking the patient to grade it on a scale of 0-10	
15	Screen for other key symptoms including red flag features	
16	Explore the patient's ideas, concerns and expectations	
17	Summarise the patient's presenting complaint	
Systemic enquiry		
18	Screen for relevant symptoms in other body systems	
Past medical and surgical history		
19	Ask if the patient has any medical conditions	
20	Ask if the patient has had any relevant surgical procedures	
21	Take a brief obstetric and gynaecology history for breast cancer risk factors	
22	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance	
Drug history		
23	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies	

Family history		
24	Ask the patient if there is any family history of breast, bowel or ovarian cancer	
Social history		
25	Explore the patient's general social context	
26	Take a smoking history	
27	Take an alcohol history	
28	Ask about recreational drug use	
29	Gather details about the patient's occupation	
Closing the consultation		
30	Summarise the salient points of the history back to the patient and ask if they feel anything has been missed	
31	Thank the patient for their time	
32	Dispose of PPE appropriately and wash your hands	
Key communication skills		
33	Active listening	
34	Summarising	
35	Signposting	