



OSCE Checklist: Combined Oral Contraceptive Pill (COCP)

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Check the patient's understanding of the types of contraception available
5	Explore the reasons why the patient wants the COCP
Ideas, concerns and expectations	
6	Explore what the patient currently understands about the COCP
7	Ask if the patient has any concerns about the COCP
8	Explore the patient's expectations of the COCP
Explanation	
9	Explain what the COCP is
10	Explain how the COCP works
11	Explain the effectiveness of the COCP
12	Explain the advantages of the COCP (non-invasive, effective, lighter periods, control timing of periods, improves acne, reduced risk of ovarian/uterine/colon cancer)
13	Explain the disadvantages of the COCP (breakthrough bleeding, no protection from STIs, user dependent)
14	Explain the risks of the COCP (venous thromboembolism, breast cancer, cervical cancer)
15	Explain the contraindications of the COCP
Starting the pill and missed pills	
16	Explain how to start taking the COCP
17	Explain how to manage missed pills
Closing the consultation	
18	Summarise the key points back to the patient
19	Ask the patient if they have any questions or concerns that have not been addressed
20	Direct the patient to any websites or leaflets with further information
21	Arrange appropriate follow-up
22	Thank the patient for their time
23	Dispose of PPE appropriately and wash your hands
Key communication skills	
24	Active listening
25	Summarising

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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