



OSCE Checklist: Contraceptive Implant Counselling

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Check the patient's understanding of the types of contraception available
5	Explore the reasons why the patient wants the contraceptive implant
Ideas, concerns and expectations	
6	Explore what the patient currently understands about the implant
7	Ask if the patient has any concerns about the implant
8	Explore the patient's expectations of the implant
Explanation	
9	Explain what the implant is
10	Explain how the implant works
11	Explain the effectiveness of the implant
12	Explain the advantages of the implant (long term contraception, easily reversible, less heavy/painful periods, safe to use when breastfeeding)
13	Explain the disadvantages of the implant (unpredictable periods, acne, small procedure required, no protection from STIs)
14	Explain the risks of the implant (infection, bruising, bleeding, damage to local structures, breast cancer)
Implant fitting	
15	Explain what will happen before the implant is fitted (e.g. insertion of local anaesthetic)
16	Explain what will happen during the procedure (insertion of the implant under the skin)
17	Explain what will happen after the procedure (bruising, swelling, discomfort)
Implant removal	
18	Explain that the implant can be removed at any time via a small surgical procedure
Closing the consultation	
19	Summarise the key points back to the patient
20	Ask the patient if they have any questions or concerns that have not been addressed
21	Direct the patient to any websites or leaflets with further information
22	Arrange appropriate follow-up
23	Thank the patient for their time
24	Dispose of PPE appropriately and wash your hands

Key communication skills

25	Active listening	
26	Summarising	
27	Signposting	

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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