



OSCE Checklist: Diabetes Counselling

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Take a brief history of the patient's diabetes	
What does the patient understand?		
5	Ask open questions to gauge the patient's knowledge of their condition	
6	Listen carefully to the patient and provide positive feedback if appropriate	
What are the patient's concerns?		
7	Ask about the patient's ideas regarding their symptoms and diabetes	
8	Ask about the patient's concerns regarding their symptoms and diabetes	
9	Ask what the patient is hoping to get out of the consultation	
Explanation		
10	Begin by signposting what you are going to cover in your explanation	
11	Explain the normal anatomy and physiology of glucose control	
12	Explain what diabetes is	
13	Explain what causes diabetes	
14	Explain the complications of diabetes	
15	Explain the aims of diabetes management	
16	Provide an overview of diabetes management	
Closing the consultation		
17	Summarise the key points back to the patient	
18	Ask the patient if they have any questions or concerns that have not been addressed	
19	Direct the patient to further information about the condition using websites and leaflets	
20	Arrange appropriate follow up	
21	Thank the patient for their time	
22	Dispose of PPE appropriately and wash your hands	
Key communication skills		
23	Active listening	
24	Summarising	
25	Signposting	