



# OSCE Checklist: Electroconvulsive Therapy (ECT)

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Explain the reason for the consultation	
What does the patient understand?		
5	Ask open questions to gauge the patient's knowledge of their condition	
6	Listen carefully to the patient and provide positive feedback if appropriate	
What are the patient's concerns?		
7	Ask about the patient's ideas regarding ECT	
8	Ask about the patient's concerns regarding ECT	
9	Ask what the patient is hoping to get out of the consultation	
Explanation		
10	Explain what ECT is	
11	Explain what ECT is used for	
12	Explain the potential benefits of ECT	
13	Explain the length of treatment	
14	Explain what the ECT procedure involves	
15	Explain the side effects of ECT	
16	Explain the risks involved with ECT	
Closing the consultation		
17	Summarise the key points back to the patient	
18	Ask the patient if they have any questions or concerns that have not been addressed	
19	Direct the patient to further information about ECT using websites and leaflets	
20	Arrange appropriate follow-up	
21	Thank the patient for their time	
22	Dispose of PPE appropriately and wash your hands	
Key communication skills		
23	Active listening	
24	Summarising	
25	Signposting	