



## OSCE Checklist: Gynaecological History Taking

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain that you'd like to take a history from the patient
5	Gain consent to proceed with taking a history
6	Confirm last menstrual period, gravidity and parity early on in the consultation
Presenting complaint	
7	Use open questioning to explore the patient's presenting complaint
History of presenting complaint	
8	Site: ask where the symptom is (if relevant)
9	Onset: clarify when the symptom first started and if it the onset was sudden or gradual
10	Character: ask the patient to describe how the symptom feels
11	Radiation: ask if the symptom moves anywhere else
12	Associated symptoms: ask if there are any other associated symptoms
13	Time course: ask how the symptom has changed over time
14	Exacerbating or relieving factors: ask if anything makes the symptom worse or better
15	Severity: ask how severe the symptom is on a scale of 0-10
16	Screen for other key gynaecological symptoms (e.g. abdominal pain, pelvic pain, post-coital bleeding, intermenstrual bleeding, post-menopausal bleeding, abnormal vaginal discharge, dyspareunia, vulval skin changes, vulval pruritis, fatigue, fever, weight loss)
17	Explore the patient's ideas, concerns and expectations
18	Summarise the patient's presenting complaint
Systemic enquiry	
19	Screen for relevant symptoms in other body systems
Menstrual history	
20	Ask about the duration of menstruation
21	Ask about the frequency of menstruation
22	Ask about the volume of menstruation
23	Ask about dysmenorrhoea
24	Ask the patient when the first day of their last menstrual period was (if not done already)
25	Ask the patient how old they were when they started having periods and (if relevant) when they went through the menopause

<b>Contraception</b>	
26	Clarify the type of contraception currently used
27	Explore the patient's previous contraception history
<b>Reproductive plans</b>	
28	Ask if the patient is considering having children in the future
<b>Past gynaecological history</b>	
29	Ask if the patient has previously had any gynaecological problems
30	Ask the patient if they've previously undergone any surgery or procedures in the past
31	Clarify the patient's cervical screening history
<b>Past medical history</b>	
32	Ask if the patient has any medical conditions
33	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance
<b>Obstetric history</b>	
34	Clarify the patient's gravidity and parity (if not done already)
35	Gather key details about the patient's current pregnancy (if relevant)
36	Gather key details about the patient's previous pregnancies (if relevant)
<b>Drug history</b>	
37	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
<b>Family history</b>	
38	Ask if there is any family history of malignancy, bleeding disorders and blood clots.
<b>Social history</b>	
39	Explore the patient's general social context (accommodation, who the patient lives with, support)
40	Take a smoking history
41	Take an alcohol history
42	Ask about recreational drug use
43	Ask about diet, weight and occupation
44	Ask about domestic abuse
<b>Closing the consultation</b>	
45	Summarise the salient points of the history back to the patient and ask if they feel anything has been missed
46	Thank the patient for their time
47	Dispose of PPE appropriately and wash your hands

## Key communication skills

48	Active listening	
49	Summarising	
50	Signposting	

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