



OSCE Checklist: Obstetric History Taking

| Opening the consultation | |
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| 1 | Wash your hands and don PPE if appropriate |
| 2 | Introduce yourself to the patient including your name and role |
| 3 | Confirm the patient's name and date of birth |
| 4 | Explain that you'd like to take a history from the patient |
| 5 | Gain consent to proceed with taking a history |
| 6 | Confirm gestational age, gravidity and parity early on in the consultation |
| Presenting complaint | |
| 7 | Use open questioning to explore the patient's presenting complaint |
| History of presenting complaint | |
| 8 | Site: ask where the symptom is (if relevant) |
| 9 | Onset: clarify when the symptom first started and if it the onset was sudden or gradual |
| 10 | Character: ask the patient to describe how the symptom feels |
| 11 | Radiation: ask if the symptom moves anywhere else |
| 12 | Associated symptoms: ask if there are any other associated symptoms |
| 13 | Time course: ask how the symptom has changed over time |
| 14 | Exacerbating or relieving factors: ask if anything makes the symptom worse or better |
| 15 | Severity: ask how severe the symptom is on a scale of 0-10 |
| 16 | Screen for other key obstetric symptoms (e.g. nausea, vomiting, reduced fetal movements, vaginal bleeding, abdominal pain, vaginal discharge or fluid loss, headaches, visual disturbance, epigastric pain, oedema, pruritis, unilateral leg swelling, chest pain, shortness of breath, fatigue, fever, weight loss) |
| 17 | Explore the patient's ideas, concerns and expectations |
| 18 | Summarise the patient's presenting complaint |
| Systemic enquiry | |
| 19 | Screen for relevant symptoms in other body systems |
| Current pregnancy | |
| 20 | Clarify the current gestational age of the pregnancy (if not done already) |
| 21 | Ask about recent scan results |
| 22 | Ask about screening |
| 23 | Ask about immunisations |
| 24 | Ask about maternal mental health |

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| 25 | Clarify other details of the current pregnancy (e.g. singleton vs multiple gestation, use of folic acid, mode of delivery, medical illness during pregnancy) | |
| Previous obstetric history | | |
| 26 | Clarify the patient's gravidity and parity (if not done already) | |
| 27 | For term pregnancies (>24 weeks) clarify: gestation at delivery, birth weight, mode of delivery, complications, stillbirths, use of assisted reproductive techniques | |
| 28 | Ask sensitively about miscarriages, termination of pregnancy and ectopic pregnancy | |
| Gynaecological history | | |
| 29 | Ask about recent and previous cervical screening results | |
| 30 | Ask about previous gynaecological conditions and treatments | |
| Past medical history | | |
| 31 | Ask if the patient has any medical conditions | |
| 32 | Ask the patient if they've previously undergone any surgery or procedures | |
| 33 | Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance | |
| Drug history | | |
| 34 | Ask if the patient is currently taking any prescribed medications or over-the-counter remedies | |
| 35 | Ask if the patient was using contraception prior to falling pregnant and if this has stopped/removed (e.g. coil, implant) | |
| Family history | | |
| 36 | Ask if there is any family history of genetic conditions, type 2 diabetes or pre-eclampsia | |
| Social history | | |
| 37 | Explore the patient's general social context (accommodation, who the patient lives with, support) | |
| 38 | Take a smoking history | |
| 39 | Take an alcohol history | |
| 40 | Ask about recreational drug use | |
| 41 | Ask about diet, weight and occupation | |
| 42 | Ask about domestic abuse | |
| Closing the consultation | | |
| 43 | Summarise the salient points of the history back to the patient and ask if they feel anything has been missed | |
| 44 | Thank the patient for their time | |
| 45 | Dispose of PPE appropriately and wash your hands | |

Key communication skills

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| 46 | Active listening | |
| 47 | Summarising | |
| 48 | Signposting | |

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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