



## OSCE Checklist: Palpitations History Taking

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain that you'd like to take a history from the patient
5	Gain consent to proceed with taking a history
Presenting complaint	
6	Use open questioning to explore the patient's presenting complaint
History of presenting complaint	
7	Ask about the onset of the palpitations
8	Explore precipitating and relieving factors for the palpitations
9	Ask about the rate and rhythm of the palpitations
10	Ask about the duration and frequency of the palpitations
11	Ask about adverse clinical features associated with palpitations
12	Ask about symptoms associated with the palpitations
13	Explore the patient's ideas, concerns and expectations
14	Summarise the patient's presenting complaint
Systemic enquiry	
15	Screen for relevant symptoms in other body systems
Past medical history	
16	Ask if the patient has any medical conditions and specifically ask about pre-existing cardiovascular disease
17	Ask if the patient has previously undergone any surgery or procedures
18	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance
Drug history	
19	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
Family history	
20	Ask if there is any family history of cardiovascular disease and clarify at what age the cardiovascular disease developed
Social history	
21	Explore the patient's general social context (accommodation, who the patient lives with, how the patient manages with activities of daily living, care needs)

<b>22</b>	Take a smoking history	
<b>23</b>	Take an alcohol history	
<b>24</b>	Ask about recreational drug use	
<b>25</b>	Ask about diet and exercise	
<b>26</b>	Ask about the patient's occupation	
<b>27</b>	Ask if the patient drives	
<b>Closing the consultation</b>		
<b>28</b>	Summarise the salient points of the history back to the patient and ask if they feel that you've missed anything	
<b>29</b>	Thank the patient for their time	
<b>30</b>	Dispose of PPE appropriately and wash your hands	
<b>Key communication skills</b>		
<b>31</b>	Active listening	
<b>32</b>	Summarising	
<b>33</b>	Signposting	

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