



OSCE Checklist: Depression History Taking

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Ask the patient if they'd be happy to talk with you about their current issues	
Presenting complaint		
5	Use open questioning to explore the patient's presenting complaint	
Screening for depression		
6	Ask the patient if they have felt low, depressed or hopeless in the last month	
7	Ask the patient if they have had little interest or pleasure in doing things in the last month	
Exploring symptoms of depression		
8	Sleep cycle disruption	
9	Low mood	
10	Appetite change	
11	Reduced libido	
12	Reduced concentration	
13	Negative perception of current/future situation	
14	Negative perception of self	
Assess suicide risk		
15	Assess the patient's risk of suicide	
Screening for other psychiatric diagnoses		
16	Screen for features of mania	
17	Screen for features of schizophrenia	
Past psychiatric history		
18	Ask the patient if they have had previous episodes of depression	
19	Ask the patient if they have been diagnosed with other mental health conditions	
Past medical history		
20	Ask if the patient has any medical conditions	
Drug history		
21	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies	
22	Ask the patient if they're currently experiencing any side effects from their medication	

Family history	
23	Ask the patient if there is any family history of psychiatric disease in first-degree relatives
Social history	
24	Explore the patient's general social context
25	Assess the impact of patient's depressive symptoms on their relationships and work
26	Take a smoking history
27	Take an alcohol history
28	Ask about recreational drug use
29	Ask about gambling
Insight	
30	Assess the patient's insight into their condition
Closing the consultation	
31	Ask the patient if they have any questions or concerns that have not been addressed
32	Thank the patient for their time
33	Dispose of PPE appropriately and wash your hands.
Key communication skills	
34	Active listening
35	Summarising
36	Signposting

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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