



# OSCE Checklist: Epilepsy Counselling

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Take a brief history of the patient's epilepsy	
What does the patient understand?		
5	Ask open questions to gauge the patient's knowledge of their condition	
6	Listen carefully to the patient and provide positive feedback if appropriate	
What are the patient's concerns?		
7	Explore the patient's ideas regarding epilepsy	
8	Explore the patient's concerns regarding epilepsy	
9	Ask what the patient is hoping to get out of the consultation	
Explanation		
10	Begin by signposting what you are going to cover in your explanation	
11	Explain the normal anatomy and physiology of the brain	
12	Explain what epilepsy and seizures are	
13	Explain what causes epilepsy and describe seizure triggers	
14	Explain the complications of epilepsy	
15	Explain the side effects of epilepsy medication	
16	Explain the aims of epilepsy management and provide an overview	
Closing the consultation		
17	Summarise the key points back to the patient	
18	Ask the patient if they have any questions or concerns that have not been addressed	
19	Direct the patient to further information about the condition using websites and leaflets	
20	Arrange appropriate follow up	
21	Thank the patient for their time	
22	Dispose of PPE appropriately and wash your hands	
Key communication skills		
23	Active listening	
24	Summarising	
25	Signposting	

