



OSCE Checklist: Newborn Baby Assessment (NIPE)

| Introduction | |
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| 1 | Wash your hands and don PPE if appropriate |
| 2 | Introduce yourself to the patient including your name and role |
| 3 | Confirm the patient's name and date of birth |
| 4 | Briefly explain what the examination will involve using patient-friendly language |
| 5 | Gain consent to proceed with the examination |
| 6 | Adequately expose the child for the assessment |
| 7 | Encourage the parent(s) to ask questions during the check and to participate where appropriate |
| History | |
| 8 | Take a brief history of the pregnancy and the delivery (e.g. mechanism of delivery, complications) |
| Weight | |
| 9 | Measure the infant's weight and plot on a weight chart |
| General inspection | |
| 10 | Inspect the infant for clinical signs suggestive of pathology (e.g. pallor, cyanosis, jaundice) |
| Tone | |
| 11 | Assess tone by gently moving the newborn's limbs passively and observing the newborn when they're picked up |
| Head | |
| 12 | Measure the infant's head circumference and record it in the baby's notes |
| 13 | Inspect the shape of the head and note any abnormalities |
| 14 | Palpate the anterior fontanelle: note if it feels flat (normal), sunken or bulging (abnormal) |
| Skin | |
| 15 | Inspect the skin for colour abnormalities (e.g. pallor, jaundice), bruising/lacerations and birthmarks |
| Face | |
| 16 | Inspect the face for dysmorphic features, asymmetry, trauma and nasal abnormalities |
| Eyes | |
| 17 | Inspect the eyes for abnormalities (position, shape, erythema, discharge) |
| 18 | Assess the fundal reflex in each eye |
| Ears | |
| 19 | Inspect the pinna: note any asymmetry, skin tags, pits or the presence of accessory auricles |
| Mouth and palate | |

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| 20 | Look for clefts of the hard or soft palate and inspect the tongue for ankyloglossia | |
| Neck and clavicles | | |
| 21 | Inspect the neck for abnormalities (shortened length, lumps, clavicular fracture) | |
| Upper limbs | | |
| 22 | Inspect the upper limbs for abnormalities (e.g. asymmetry, missing fingers, single palmar crease) | |
| 23 | Palpate and compare the brachial pulse in each upper limb | |
| Chest | | |
| 24 | Inspect the chest for abnormalities and assess the infant's respiratory rate and work of breathing | |
| 25 | Auscultate the lungs | |
| 26 | Auscultate the heart | |
| 27 | Assess pulse oximetry | |
| Abdomen | | |
| 28 | Inspect the abdomen for abnormalities (e.g. distension, hernias, cord stump infection) | |
| 29 | Palpate the abdomen to assess for organomegaly | |
| Genitalia | | |
| 30 | Inspect the genitalia and note any abnormalities (position of the urethral meatus, testicular swelling, absent testicle, fused labia) | |
| Lower limbs | | |
| 31 | Inspect the lower limbs for abnormalities (e.g. asymmetry, oedema, ankle deformities, missing digits) | |
| 32 | Assess tone in both lower limbs | |
| 33 | Assess movement in both lower limbs | |
| 34 | Assess the range of knee joint movement | |
| 35 | Palpate and compare femoral pulses | |
| 36 | Perform Barlow's test | |
| 37 | Perform Ortolani's test | |
| Back and spine | | |
| 38 | Inspect the back and spine for abnormalities (e.g. scoliosis, hair tufts, naevi, sacral pits) | |
| Anus | | |
| 39 | Inspect the anus for patency | |
| Reflexes | | |
| 40 | Assess a selection of newborn reflexes (e.g. palmar grasp, rooting reflex, Moro reflex) | |

To complete the examination...

| | | |
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| 41 | Explain to the parent(s) that the examination is now finished and offer to dress the baby | |
| 42 | Share the results of the assessment with the parents, explaining the reason for any referrals you feel are required | |
| 43 | Check if the parents have any further questions | |
| 44 | Thank the parents for their time | |
| 45 | Dispose of PPE appropriately and wash your hands | |
| 46 | Summarise your findings | |
| 47 | Document your findings and suggest further investigations/referrals | |

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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