



## OSCE Checklist: Fundoscopy

| Introduction                   |  |  |
|--------------------------------|--|--|
| 1                              | Introduce yourself to the patient including your name and role   |  |
| 2                              | Confirm the patient's name and date of birth   |  |
| 3                              | Briefly explain what the examination will involve using patient-friendly language  |  |
| 4                              | Gain consent to proceed with the examination   |  |
| 5                              | Wash your hands  |  |
| 6                              | Position the patient sitting on a chair  |  |
| 7                              | Ask if the patient has any pain before proceeding  |  |
| 8                              | Gather appropriate equipment   |  |
| Inspect the eyes               |  |  |
| 9                              | Perform general inspection of the external eyes including pupils and eyelids   |  |
| Fundoscopy                     |  |  |
| 10                             | Prepare for fundoscopy: instil mydriatic eye drops and set up the ophthalmoscope   |  |
| 11                             | Assess the red reflex  |  |
| 12                             | Assess the optic disc  |  |
| 13                             | Assess the retina  |  |
| 14                             | Assess the macula  |  |
| 15                             | Repeat fundoscopy on the other eye   |  |
| To complete the examination... |  |  |
| 16                             | Explain to the patient that the examination is now finished  |  |
| 17                             | Thank the patient for their time   |  |
| 18                             | Wash your hands  |  |
| 19                             | Summarise your findings  |  |
| 20                             | Suggest further assessments and investigations (e.g. cranial nerve examination, Amsler chart, blood pressure, capillary blood glucose, retinal photography). |  |

Read the full guide at  
[geekymedics.com](https://www.geekymedics.com)

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