



OSCE Checklist: Paediatric GORD Explanation

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the parent(s) including your name and role	
3	Confirm the child's name and date of birth	
4	Ask about the ideas, concerns and expectations of the parent(s)	
5	Determine the parent(s) prior knowledge of GORD	
Explanation		
6	Explain that GORD is common in infants (40% affected)	
7	Explain the aetiology of GORD	
8	Explain the typical course of GORD (i.e. most cases resolve spontaneously)	
9	Explain first-line management options (reduced feed volume, increased feed frequency, alginate therapy, thickeners)	
10	Explain second-line management options (e.g. omeprazole)	
11	Discuss red flag clinical features that warrant review or urgent hospital admission	
Closing the consultation		
12	Summarise key points	
13	Check parental understanding and provide them with an opportunity to ask questions	
14	Provide the parent(s) with details of resources where they can learn more (e.g. leaflet, website)	
15	Provide some safety net advice	
16	Arrange follow-up	
17	Thank the parents for their time	
18	Dispose of PPE appropriately and wash your hands	
Key communication skills		
19	Active listening	
20	Summarising	
21	Signposting	