



OSCE Checklist: Adrenaline auto-injector explanation

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Check the patient's current understanding of using an adrenaline auto-injector, allowing you to better tailor your explanation
5	Position the patient so that they are sitting comfortably
Explanation	
6	Explain what an adrenaline auto-injector is
7	Explain there are different brands of adrenaline auto-injector
8	Explain the key features of the device
9	Explain the symptoms of anaphylaxis and when to use an adrenaline auto-injector
10	Check the patient's understanding by asking them to repeat the key points back to you
Demonstration (using EpiPen training pen)	
11	Advise the patient to check the viewing window (solution should be clear and colourless) and expiry date before use
12	Remove the EpiPen from the carry case
13	Pull off the blue safety cap
14	Hold the EpiPen in your dominant hand with the orange needle cover at the bottom
15	In a swinging motion, jab the EpiPen firmly into the outer thigh at a right angle
16	Hold the EpiPen in place firmly for 3 seconds
17	Remove the EpiPen and keep it with you
18	Dial 999, ask for an ambulance and say "anaphylaxis"
19	Lie down with your legs slightly raised whilst waiting for the ambulance
20	If you have a second EpiPen, you should use this after 5 - 10 minutes if the ambulance has not arrived
Assess the patient's auto-injector technique	
21	Ask the patient to use a training auto-injector as demonstrated and observe their technique
22	Provide feedback based on what you observe to allow the patient to refine their technique

Closing the consultation

23	Check if the patient has any questions regarding using an adrenaline auto-injector	
24	Advise the patient to carry a medic alert bracelet (or similar alert device) with details of their allergy	
25	Provide an information leaflet for the auto-injector and ensure they have a training injector they can use to train others	
26	Advise they should take expired auto-injectors to a pharmacy	
27	Thank the patient for their time	
28	Dispose of PPE appropriately and wash your hands	

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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