



OSCE Checklist: Fertility History Taking

Opening the consultation

- 1** Wash your hands and don PPE if appropriate
- 2** Introduce yourself to the patient including your name and role
- 3** Confirm the patient's name and date of birth
- 4** Explain that you'd like to take a history from the patient
- 5** Gain consent to proceed with taking a history

Conception history

- 6** Use open questioning to explore the patient's conception history
- 7** Establish how long the patient has been trying to conceive
- 8** Ask about previous methods of contraception and date these were stopped
- 9** Explore the patient's ideas, concerns and expectations
- 10** Summarise the patient's conception history

Pregnancy history

- 11** Number of pregnancies and method of conception (natural vs treatment required)
- 12** Outcome of pregnancies (e.g. miscarriage, termination, ectopic, birth)
- 13** Previous deliveries (mode of delivery and baby's health outcome)

Menstrual history

- 14** Ask about menstrual history (including regularity of cycle and date of last menstrual period)

Sexual history

- 15** Ask about history of sexually transmitted infections and treatment received

Systemic enquiry

- 16** Screen for relevant symptoms in other body systems including features of polycystic ovary syndrome

Past medical history

- 17** Ask if the patient has any medical conditions
- 18** Ask the patient if they've previously undergone any surgery or procedures (e.g. abdominal or pelvic surgery)
- 19** Clarify the patient's cervical screening history
- 20** Ask about previous vaccinations including MMR
- 21** Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance

Drug history

- 22** Ask if the patient is currently taking any prescribed medications or over-the-counter remedies (including folic acid)

Family history

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| 23 | Ask the patient if there is any family history of genetic problems (e.g. sickle cell, thalassaemia) | |
| 24 | Ask if there is any family history of early menopause | |

Social history

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| 25 | Explore the patient's general social context (accommodation, who the patient lives with, how the patient manages with activities of daily living, care needs) | |
| 26 | Take a smoking history | |
| 27 | Take an alcohol history | |
| 28 | Ask about recreational drug use | |
| 29 | Ask about the patient's occupation | |

Partner history

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| 30 | Offers to take a full history from any partner (if applicable) | |
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Closing the consultation

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| 31 | Summarise the salient points of the history back to the patient and ask if they feel that you've missed anything | |
| 32 | Thank the patient for their time | |
| 33 | Dispose of PPE appropriately and wash your hands | |

Key communication skills

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| 34 | Active listening | |
| 35 | Summarising | |
| 36 | Signposting | |

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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