OSCE Checklist: Explaining a diagnosis of psoriasis

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Take a brief history of the patient's psoriasis	
What does the patient understand?		
5	Ask open questions to gauge the patient's knowledge of their condition	
6	Listen carefully to the patient and provide positive feedback if appropriate	
What are the patient's concerns?		
7	Ask about the patient's ideas regarding their symptoms and psoriasis	
8	Ask about the patient's concerns regarding their symptoms and psoriasis	
9	Ask what the patient is hoping to get out of the consultation	
Explanation		
10	Begin by signposting what you are going to cover in your explanation	
11	Explain the normal anatomy and physiology of the skin	
12	Explain what psoriasis is	
13	Explain what causes psoriasis	
14	Explain the complications of psoriasis (persistent disease, psychological burden, psoriatic arthritis, severe flares of disease)	
15	Explain the aims of psoriasis management and the stepwise approach	
16	Explain how emollients are used in psoriasis management	
17	Explain how other topical therapies are used in psoriasis management (corticosteroids, vitamin D analogues)	
18	Explain that other therapies (systemic immunosuppression, phototherapy) may be required if persistent symptoms	
Closing the consultation		
19	Summarise the key points back to the patient	
20	Ask the patient if they have any questions or concerns that have not been addressed	
21	Direct the patient to further information about the condition using websites and leaflets	
22	Thank the patient for their time	
23	Dispose of PPE appropriately and wash your hands	

Key communication skills		
24	Active listening	
25	Summarising	
26	Signposting	

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