



# OSCE Checklist | Emergency Contraception Counselling

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explore what the patient is hoping to get out of the consultation
History (if required)	
5	Explores the event of the unprotected sexual intercourse
6	Takes a menstrual history
7	Asks about any history of sexually transmitted infections/sexual health screening
8	Asks about appropriate symptoms of sexually transmitted infections
9	Screens for, and explores, any potential safeguarding issues
10	Takes a past medical history
11	Takes a drug history
12	Checks for allergies
Ideas, concerns and expectations	
13	Explore what the patient currently understands about emergency contraception
14	Explore why the patient wants emergency contraception
15	Ask if the patient has any concerns about emergency contraception
Explanation	
16	Explain what emergency contraception is
17	Discuss the three types of emergency contraception available (EllaOne®, copper IUD, Levonelle®)
18	Explain the windows for use for each form of emergency contraception
19	Gives appropriate information about the effectiveness of emergency contraception
20	Explain the advantages of each type of emergency contraception
21	Explain the disadvantages of each type of emergency contraception
Further information	
22	Explains when a further pregnancy test is recommended
23	Explains where emergency contraception can be accessed from
24	Offers ongoing contraception; or explains how to take ongoing contraception
25	Offers STI screening if appropriate

## Closing the consultation

26	Summarise the key points back to the patient	
27	Ask the patient if they have any questions or concerns that have not been addressed	
28	Direct the patient to any websites or leaflets with further information	
29	Arrange appropriate follow-up	
30	Thank the patient for their time	
31	Dispose of PPE appropriately and wash your hands	

## Key communication skills

32	Active listening	
33	Summarising	
34	Signposting	