



## OSCE Checklist: DNACPR discussion

<b>Opening the consultation</b>		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient/relative including your name and role	
3	Confirm the patient's name and date of birth	
4	Explain the reason for the consultation	
5	Gain consent to continue with the consultation	
<b>Explore prior understanding</b>		
6	Explore the patient's (or their relative's) understanding of their current health state	
7	Introduce the concept of planning for the future	
8	Explore their understanding of a DNACPR and resuscitation	
<b>Explain cardiac arrest and resuscitation</b>		
9	Explain the concept of cardiac arrest using simple and clear language	
10	Explain cardiopulmonary resuscitation and what the procedure involves	
11	Emphasise resuscitation is an invasive procedure with associated risks and a low success rate	
<b>Explain the DNACPR decision and why it is appropriate</b>		
12	Explain that CPR is likely to be futile and lead to poor outcomes for the patient	
13	Explain that a DNACPR means that in the event of a cardiac arrest, CPR would not be started	
14	Emphasise that a DNACPR is a medical decision & only applies to CPR (not other treatments)	
15	Explain the role of DNACPR in advance care planning	
<b>Closing the consultation</b>		
16	Summarise the key points and check the patient/relative's understanding	
17	Answer any questions or concerns from the patient or their relative	
18	If the patient/relative objects: explore & address concerns, then escalate to a senior clinician	
19	Thank the patient/relative for their time	
20	Dispose of PPE appropriately and wash your hands	
<b>Key communication skills</b>		
21	Active listening	
22	Empathy (verbal and non-verbal)	
23	Establishing rapport	
24	Summarising	
25	Signposting	