# OSCE Checklist: DNACPR discussion

## Opening the consultation
1. Wash your hands and don PPE if appropriate
2. Introduce yourself to the patient/relative including your name and role
3. Confirm the patient’s name and date of birth
4. Explain the reason for the consultation
5. Gain consent to continue with the consultation

## Explore prior understanding
6. Explore the patient’s (or their relative’s) understanding of their current health state
7. Introduce the concept of planning for the future
8. Explore their understanding of a DNACPR and resuscitation

## Explain cardiac arrest and resuscitation
9. Explain the concept of cardiac arrest using simple and clear language
10. Explain cardiopulmonary resuscitation and what the procedure involves
11. Emphasise resuscitation is an invasive procedure with associated risks and a low success rate

## Explain the DNACPR decision and why it is appropriate
12. Explain that CPR is likely to be futile and lead to poor outcomes for the patient
13. Explain that a DNACPR means that in the event of a cardiac arrest, CPR would not be started
14. Emphasise that a DNACPR is a medical decision & only applies to CPR (not other treatments)
15. Explain the role of DNACPR in advance care planning

## Closing the consultation
16. Summarise the key points and check the patient/relative’s understanding
17. Answer any questions or concerns from the patient or their relative
18. If the patient/relative objects: explore & address concerns, then escalate to a senior clinician
19. Thank the patient/relative for their time
20. Dispose of PPE appropriately and wash your hands

## Key communication skills
21. Active listening
22. Empathy (verbal and non-verbal)
23. Establishing rapport
24. Summarising
25. Signposting