



OSCE Checklist: Cervical Screening

| Introduction | | |
|---------------------------|---|--|
| 1 | Gather equipment | |
| 2 | Wash your hands and don PPE if appropriate | |
| 3 | Introduce yourself to the patient including your name and role | |
| 4 | Confirm the patient's name and date of birth | |
| 5 | Explain what the procedure will involve using patient-friendly language | |
| 6 | Explain the need for a chaperone | |
| 7 | Gain consent to continue with the clinical procedure | |
| 8 | Ask the patient if they have any pain before continuing with the clinical procedure | |
| 9 | Ask the patient to remove their underwear for the procedure and provide them with privacy whilst they get undressed | |
| Vulval inspection | | |
| 10 | Don gloves and position the patient in the modified lithotomy position | |
| 11 | Inspect the vulva including asking the patient to cough | |
| Inserting the speculum | | |
| 12 | Re-check that the patient is happy to continue with the examination | |
| 13 | Lubricate the speculum if necessary using carbomer-free lubricant - avoid applying lubricant to the tip of the speculum | |
| 14 | Use your left hand (index finger and thumb) to separate the labia | |
| 15 | Gently insert the speculum sideways (blades closed, angled downwards and backwards) | |
| 16 | Once inserted, rotate the speculum back 90° (so that the handle is facing upwards) | |
| 17 | Open the speculum blades until an optimal view of the cervix is achieved | |
| 18 | Tighten the locking nut to fix the position of the blades | |
| Visualising the cervix | | |
| 19 | Inspect the cervix | |
| Cervical screening sample | | |
| 20 | Insert the endocervical brush through speculum into the endocervical canal | |
| 21 | Rotate the brush 5 times, 360 degrees, in a clockwise direction | |
| 22 | Remove the endocervical brush, avoiding touching the speculum as you do so | |
| 23 | Transfer the sample to the liquid-based cytology container (follow local cytology guidelines) | |
| Removing the speculum | | |
| 24 | Loosen the locking nut on the speculum and partially close the blades | |

| | | |
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| 25 | Gently remove the speculum, inspecting the walls of the vagina as you do so | |
| 26 | Re-cover the patient and explain the examination is complete | |
| 27 | Dispose of the used equipment into a clinical waste bin | |
| To complete the procedure... | | |
| 28 | Thank the patient for their time | |
| 29 | Label the sample and complete cytology request form | |
| 30 | Dispose of PPE appropriately and wash your hands | |
| 31 | Discuss results process with the patient | |
| 32 | Summarise your findings | |
| 33 | Suggest further assessments and investigations (e.g. urinalysis, vaginal swabs, ultrasound, complete abdominal examination) | |

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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