



# OSCE Checklist: Pigmented Skin Lesion Examination

| Introduction                                  |  |  |
|---|--|--|
| 1   | Wash your hands and don PPE if appropriate   |  |
| 2   | Introduce yourself to the patient including your name and role   |  |
| 3   | Confirm the patient's name and date of birth   |  |
| 4   | Briefly explain what the examination will involve using patient-friendly language  |  |
| 5   | Explain the need for a chaperone if the skin lesion is located in an intimate area   |  |
| 6   | Gain consent to proceed with the examination   |  |
| 7   | Adequately expose the skin lesion and position the patient so that you can clearly visualise it  |  |
| 8   | Ask the patient if they have any pain before proceeding with the clinical examination  |  |
| General inspection                            |  |  |
| 9   | Perform general inspection noting number, location & distribution of the skin lesions  |  |
| 10  | Look for objects or equipment on or around the patient that may provide useful insights into their medical history and current clinical status |  |
| Close inspection (including ABCDE assessment) |  |  |
| 11  | Inspect the lesion for evidence of <b>A</b> symmetry   |  |
| 12  | Inspect the lesion's <b>B</b> order  |  |
| 13  | Inspect the lesion's <b>C</b> olour  |  |
| 14  | Inspect the lesion's <b>D</b> iameter  |  |
| 15  | Ask about the lesion's <b>E</b> volution   |  |
| Palpation                                     |  |  |
| 16  | Palpate the surface characteristics of the lesion  |  |
| 17  | Examine the regional lymph nodes if a suspicious lesion is identified  |  |
| To complete the examination...                |  |  |
| 18  | Explain to the patient that the examination is now finished and provide them with privacy to get dressed if relevant                           |  |
| 19  | Thank the patient for their time   |  |
| 20  | Dispose of PPE appropriately and wash your hands   |  |
| 21  | Summarise your findings  |  |
| 22  | Suggest further assessments (e.g. assessment of local lymph nodes) and investigations (e.g. dermatoscopy/biopsy)                               |  |