



## OSCE Checklist: Dizziness History Taking

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain that you'd like to take a history from the patient
5	Gain consent to proceed with taking a history
Presenting complaint	
6	Use open questioning to explore the patient's presenting complaint
History of presenting complaint	
7	Onset: clarify when the dizziness first started and if it came on suddenly or gradually
8	Character: ask the patient to describe the dizziness with the aim of identifying vertigo from other types of dizziness
9	Associated symptoms: ask if there are any other associated symptoms
10	Time course: ask if the dizziness is episodic or constant
11	Exacerbating or relieving factors: identify any triggers for the dizziness (especially positional changes) and ask if anything makes it worse or better
12	Severity: ask how severe the dizziness is on a scale of 0-10
13	Explore the patient's ideas, concerns and expectations
14	Summarise the patient's presenting complaint
Systemic enquiry	
15	Screen for relevant symptoms in other body systems
Past medical history	
16	Screen for conditions that may be associated with dizziness and identify any risk factors for vascular disease
17	Ask about other medical diagnoses and previous surgical history
18	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance
Drug history	
19	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
20	Ask if the patient if they're experiencing any side effects from their medication
Family history	
21	Ask if there is any family history of cardiovascular or neurological disease

<b>Social history</b>		
22	Explore the patient's general social context (accommodation, who the patient lives with, how the patient manages with activities of daily living, care needs)	
23	Take a smoking history	
24	Take an alcohol history	
25	Ask about recreational drug use	
26	Ask about fluid intake	
27	Ask about diet and exercise	
28	Ask about the patient's occupation and identify any high-risk activities	
29	Ask if the patient drives	
<b>Closing the consultation</b>		
30	Summarise the salient points of the history back to the patient and ask if they feel that you've missed anything	
31	Thank the patient for their time	
32	Dispose of PPE appropriately and wash your hands	
<b>Key communication skills</b>		
33	Active listening	
34	Summarising	
35	Signposting	

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