



# OSCE Checklist: Explaining a Gastroscopy (Endoscopy)

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Clarify the purpose of the consultation	
5	Assess the patient's ideas, concerns and expectations	
Patient history		
6	Ask about history of current condition requiring a gastroscopy	
Gastroscopy explanation		
7	Explain what a gastroscopy is	
8	Explain why a gastroscopy is performed	
9	Explain the alternatives to performing a gastroscopy (if relevant)	
10	Explain how to prepare for a gastroscopy	
11	Explain what happens before, during and after the procedure	
12	Explain the side effects and risks	
Closing the consultation		
13	Summarise the key points	
14	Provide leaflet or advice on where to find more information	
15	Thank the patient for their time	
16	Dispose of PPE appropriately and wash your hands	
Key communication skills		
17	Active listening	
18	Summarising	
19	Signposting	