**OSCE Checklist: Spine Examination**

### Introduction
1. Wash your hands and don PPE if appropriate
2. Introduce yourself to the patient including your name and role
3. Confirm the patient's name and date of birth
4. Briefly explain what the examination will involve using patient-friendly language
5. Gain consent to proceed with the examination
6. Adequately expose the patient's upper body
7. Position the patient standing for initial inspection of the spine
8. Ask if the patient has any pain before proceeding
9. Gather equipment

### Look
10. Perform a brief general inspection of the patient, looking for clinical signs suggestive of underlying pathology
11. Inspect the spine with the patient standing (anterior/lateral/posterior)
12. Assess the patient's gait

### Feel
13. Palpate the spinous processes and sacroiliac joints
14. Palpate the paraspinal muscles

### Move
15. Assess flexion of the cervical spine
16. Assess extension of the cervical spine
17. Assess lateral flexion of the cervical spine
18. Assess rotation of the cervical spine
19. Assess flexion of the lumbar spine
20. Assess extension of the lumbar spine
21. Assess lateral flexion of the lumbar spine
22. Assess rotation of the thoracic spine

### Special tests
23. Perform Schober's test
24. Perform the sciatic nerve stretch test (straight leg raise)
25. Perform the femoral nerve stretch test

To complete the examination...
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<tbody>
<tr>
<td>26</td>
<td>Explain to the patient that the examination is now finished</td>
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<tr>
<td>27</td>
<td>Thank the patient for their time</td>
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<tr>
<td>28</td>
<td>Dispose of PPE appropriately and wash your hands</td>
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<tr>
<td>29</td>
<td>Summarise your findings</td>
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<tr>
<td>30</td>
<td>Suggest further assessments and investigations (e.g. neurovascular examination of the upper and lower limbs, examination of the hip and shoulder joints and further imaging)</td>
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