

## OSCE Checklist: Leg Swelling History Taking

O 	pening the consultation
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain that you'd like to take a history from the patient
5	Gain consent to proceed with taking a history
Pr	esenting complaint
6	Use open questioning to explore the patient's presenting complaint
Hi	story of presenting complaint
7	Site: ask if the leg swelling is unilateral (if so, which leg) or bilateral
8	Onset: clarify how and when the swelling developed
9	Charecter: ask about the specific characteristics of the leg swelling
10	Radiation: ask about the progression of the leg swelling
11	Associated symptoms: ask if there are other symptoms which are associated with the leg swelling
12	Exacerbating or relieving factors: ask if anything makes the leg swelling worse or better
13	Time course: clarify how the leg swelling changes over time
14	Explore the patient's ideas, concerns and expectations
15	Summarise the patient's presenting complaint
Sy	stemic enquiry
16	Screen for relevant symptoms in other body systems
Pá	ast medical history
17	Screen for conditions that may be associated with leg swelling
18	Ask about other medical diagnoses and previous surgical history
19	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance
Dı	rug history
20	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
21	Ask if the patient if they're experiencing any side effects from their medication
Fa	amily history
22	Ask if there is any family history of diseases relevant to leg swelling and clarify at what age the disease(s) developed (e.g. cardiovascular disease, venous thromboembolism

Sc	Social history			
23	Explore the patient's general social context (accommodation, who the patient lives with, how the patient manages with activities of daily living, care needs)			
24	Take a smoking history			
25	Take an alcohol history			
26	Ask about recreational drug use			
27	Ask about fluid intake			
28	Ask about the patient's occupation			
Closing the consultation				
29	Summarise the salient points of the history back to the patient and ask if they feel that you've missed anything			
30	Thank the patient for their time			
31	Dispose of PPE appropriately and wash your hands			
Ke	Key communication skills			
32	Active listening			
33	Summarising			
34	Signposting			

Read the full guide at **geekymedics.com** 



Download our clinical skills app