



OSCE Checklist | Explaining a diagnosis of COPD

Opening the consultation		
1	Wash your hands and don PPE if appropriate	
2	Introduce yourself to the patient including your name and role	
3	Confirm the patient's name and date of birth	
4	Take a brief history of the patient's COPD	
What does the patient understand?		
5	Ask open questions to gauge the patient's knowledge of their condition	
6	Listen carefully to the patient and provide positive feedback if appropriate	
What are the patient's concerns?		
7	Ask about the patient's ideas regarding their symptoms and COPD	
8	Ask about the patient's concerns regarding their symptoms and COPD	
9	Ask what the patient is hoping to get out of the consultation	
Explanation		
10	Begin by signposting what you are going to cover in your explanation	
11	Explain the normal anatomy and physiology of breathing	
12	Explain what COPD is	
13	Explain what causes COPD	
14	Explain the complications of COPD including exacerbations and progressive symptoms	
15	Explain the importance of stopping smoking (if relevant)	
16	Explain the long term management of COPD including pulmonary rehabilitation, inhalers and vaccinations	
17	Explain the management of COPD exacerbations including steroids and antibiotics (for bacterial infections)	
Closing the consultation		
18	Summarise the key points back to the patient	
19	Ask the patient if they have any questions or concerns that have not been addressed	
20	Direct the patient to further information about the condition using websites and leaflets	
21	Thank the patient for their time	
22	Dispose of PPE appropriately and wash your hands	
Key communication skills		

23	Active listening	
24	Summarising	
25	Signposting	

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



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