



# OSCE Checklist | Female Lower Urinary Tract Symptoms

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain that you'd like to take a history from the patient
5	Gain consent to proceed with taking a history
Presenting complaint	
6	Use open questioning to explore the patient's presenting complaint
History of presenting complaint	
7	Onset: clarify how and when the urinary symptoms started
8	Character: ask about the specific characteristics of the urinary symptoms (storage vs voiding symptoms)
9	Associated symptoms: ask if there are any other associated symptoms (e.g. pain, haematuria, fever, abdominal bloating, menstrual abnormalities, menopausal symptoms)
10	Time course: ask how the urinary symptoms have changed over time (e.g. constant vs episodic symptoms)
11	Exacerbating or relieving factors: identify any triggers for the urinary symptoms and ask if anything makes them worse or better
12	Identify any red flags for malignancy (ovarian cancer, bladder cancer)
13	Explore the patient's ideas, concerns and expectations
14	Summarise the patient's presenting complaint
Systemic enquiry	
15	Screen for relevant symptoms in other body systems
Past medical history	
16	Ask about other medical diagnoses and previous surgical history (e.g. gynaecological surgery)
17	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance
Drug history	
18	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
19	Ask if the patient if they're experiencing any side effects from their medication
Family history	
20	Ask if there is any relevant family history of urological problems or malignancy

<b>Social history</b>		
<b>21</b>	Explore the patient's general social context (accommodation, who the patient lives with, how the patient manages with activities of daily living, care needs)	
<b>22</b>	Take a smoking history	
<b>23</b>	Take an alcohol history	
<b>24</b>	Ask about recreational drug use	
<b>25</b>	Ask about the patient's occupation and identify any risk factors for bladder cancer	
<b>Closing the consultation</b>		
<b>26</b>	Summarise the salient points of the history back to the patient and ask if they feel that you've missed anything	
<b>27</b>	Thank the patient for their time	
<b>28</b>	Dispose of PPE appropriately and wash your hands	
<b>Key communication skills</b>		
<b>29</b>	Active listening	
<b>30</b>	Summarising	
<b>31</b>	Signposting	

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