



OSCE Checklist | Male Lower Urinary Tract Symptoms

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain that you'd like to take a history from the patient
5	Gain consent to proceed with taking a history
Presenting complaint	
6	Use open questioning to explore the patient's presenting complaint
History of presenting complaint	
7	Onset: clarify how and when the urinary symptoms started
8	Character: ask about the specific characteristics of the urinary symptoms (storage vs voiding symptoms)
9	Associated symptoms: ask if there are any other associated symptoms (e.g. pain, haematuria, fever)
10	Time course: ask how the urinary symptoms have changed over time (e.g. constant vs episodic symptoms)
11	Exacerbating or relieving factors: identify any triggers for the urinary symptoms and ask if anything makes them worse or better
12	Identify any red flags for malignancy (prostate cancer, bladder cancer)
13	Explore the patient's ideas, concerns and expectations
14	Summarise the patient's presenting complaint
Systemic enquiry	
15	Screen for relevant symptoms in other body systems
Past medical history	
16	Ask about other medical diagnoses and previous surgical history (e.g. prostate/bladder surgery)
17	Ask if the patient has any allergies and if so, clarify what kind of reaction they had to the substance
Drug history	
18	Ask if the patient is currently taking any prescribed medications or over-the-counter remedies
19	Ask if the patient if they're experiencing any side effects from their medication
Family history	
20	Ask if there is any relevant family history of urological problems or malignancy

Social history		
21	Explore the patient's general social context (accommodation, who the patient lives with, how the patient manages with activities of daily living, care needs)	
22	Take a smoking history	
23	Take an alcohol history	
24	Ask about recreational drug use	
25	Ask about the patient's occupation and identify any risk factors for bladder cancer	
Closing the consultation		
26	Summarise the salient points of the history back to the patient and ask if they feel that you've missed anything	
27	Thank the patient for their time	
28	Dispose of PPE appropriately and wash your hands	
Key communication skills		
29	Active listening	
30	Summarising	
31	Signposting	

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