



OSCE Checklist | Condom (External) Counselling

| Opening the consultation | |
|--|--|
| 1 | Wash your hands and don PPE if appropriate |
| 2 | Introduce yourself to the patient including your name and role |
| 3 | Confirm the patient's name and date of birth |
| 4 | Explain the reason for the consultation |
| Ideas, concerns and expectations | |
| 5 | Explore what the patient currently understands about condoms |
| 6 | Ask if the patient has any concerns about using condoms |
| 7 | Explore the patient's expectations of using condoms and the consultation |
| Explanation | |
| 8 | Explain what a condom is |
| 9 | Explain the effectiveness of condoms |
| 10 | Explain the advantages of condoms (preventing pregnancy and STIs, easily accessible, non-hormonal, no side effects, no pre-planning needed) |
| 11 | Explain the disadvantages of condoms (greater failure rate, may break or leak especially with incorrect use, some patients find them uncomfortable, latex allergies) |
| Demonstration (applying a condom) | |
| 12 | Inspect the condom packaging |
| 13 | Tear open the packet and remove the condom |
| 14 | Check you are holding the condom the right way up |
| 15 | Pinch the tip of the condom to expel any air |
| 16 | If required, pull back the foreskin |
| 17 | Place the condom on the tip of the erect penis and roll it down the shaft using your other hand, until it is fully unrolled |
| Demonstration (removing a condom) | |
| 18 | When withdrawing the penis, secure the condom at the base to prevent it sliding off |
| 19 | Check the condom for any breaks or tears |
| 20 | Remove the condom from the penis, taking care not to spill any semen or allow the penis to touch the other person's genitals |
| 21 | Discard the condom in a bin (condoms should not be put down the toilet as they can cause a blockage) |
| Assess the patient's condom technique | |
| 22 | Observe the patient's technique using the condom training model |
| 23 | Provide the feedback to allow patient to refine their technique |

| | | |
|---------------------------------|---|--|
| 24 | Continue to repeat the cycle of observation and feedback until the patient can use a condom effectively | |
| Closing the consultation | | |
| 25 | Summarise the key points back to the patient | |
| 26 | Ask the patient if they have any questions or concerns that have not been addressed | |
| 27 | If relevant, offer an STI screen, and/or further information about other contraceptive methods | |
| 28 | Thank the patient for their time | |
| 29 | Direct the patient to appropriate websites or leaflets with further information | |
| 30 | Dispose of PPE appropriately and wash your hands | |
| Key communication skills | | |
| 31 | Active listening | |
| 32 | Summarising | |
| 33 | Signposting | |

Read the full guide at
[geekymedics.com](https://www.geekymedics.com)



Download our
[clinical skills app](#)