



OSCE Checklist | Contraceptive Implant Counselling

Opening the consultation	
1	Wash your hands and don PPE if appropriate
2	Introduce yourself to the patient including your name and role
3	Confirm the patient's name and date of birth
4	Explain the reason for the consultation
Ideas, concerns and expectations	
5	Explore what the patient currently understands about the implant
6	Ask if the patient has any concerns about the implant
7	Explore the patient's expectations of the implant
Explanation	
8	Explain what the implant is
9	Explain the effectiveness of the implant
10	Explain how the implant works
11	Explain the advantages of the implant (very effective, 'fit and forget', reversible once removed, less heavy/painful periods, does not contain oestrogen so safe in more people, may help with PMS, safe to use when breastfeeding)
12	Explain the disadvantages of the implant (unpredictable periods, small procedure required to fit/remove, no protection from STIs, may have hormonal side effects, small increased risk of breast cancer)
13	Explain how a contraceptive implant is fitted and explore any ideas and concerns regarding fitting
14	Explain how a contraceptive implant is removed
Aftercare	
15	Explain that the patient should always be able to feel the implant and they will be shown how to do this when it is fitted
16	Explain when to seek medical advice (unable to feel implant, ongoing/new pain, change in bleeding pattern, insertion site pain/swelling, change in medical history)
Closing the consultation	
17	Summarise the key points back to the patient
18	Ask the patient if they have any questions or concerns that have not been addressed
19	Offer bridging contraception to prevent pregnancy whilst awaiting implant insertion (if appropriate)
20	Thank the patient for their time
21	Direct the patient to appropriate websites or leaflets with further information
22	Dispose of PPE appropriately and wash your hands

Key communication skills	
23	Active listening
24	Summarising
25	Signposting

Read the full guide at [geekymedics.com](https://www.geekymedics.com)



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