



OSCE Checklist | Cervical Screening

Introduction		
1	Gather equipment	
2	Wash your hands and don PPE if appropriate	
3	Introduce yourself to the patient including your name and role	
4	Confirm the patient's name and date of birth	
5	Explain what the procedure will involve using patient-friendly language	
6	Explain the need for a chaperone	
7	Gain consent to continue with the clinical procedure	
8	Ask the patient if they have any pain before continuing with the clinical procedure	
9	Ask the patient to remove their underwear for the procedure and provide them with privacy whilst they get undressed	
Preparation		
10	Wash your hands	
11	Open the speculum packaging whilst avoiding touching the speculum or the inner surface of the packaging	
12	Open the lubricant (if being used) onto the inner surface of the speculum packaging	
Position the patient		
13	Re-check consent and that the patient is happy to proceed with the procedure	
14	Position the patient in the modified lithotomy position	
Vulval inspection		
15	Don gloves and an apron	
16	Expose the patient's external genitalia and ensure there is adequate lighting	
17	Inspect the vulva	
Inserting the speculum		
18	Check that the patient is happy to continue with the procedure	
19	Lubricate the speculum if necessary using carbomer-free lubricant - avoid applying lubricant to the tip of the speculum	
20	Use your non-dominant hand (index finger and thumb) to separate the labia	
21	With the blades closed, gently insert the speculum with the handle pointing sideways	
22	Once inserted, rotate the speculum so that the handle is facing upwards	
23	Open the speculum blades until an optimal view of the cervix is achieved	
24	Tighten the locking nut to fix the position of the blades	

Inspect the cervix and vaginal walls	
25	Inspect the cervix and vaginal walls
Cervical screening sample	
26	Insert the endocervical brush through speculum into the endocervical canal
27	Rotate the brush 360 degrees, in a clockwise direction, 5 times
28	Remove the endocervical brush, avoiding touching the speculum as you do so
29	Transfer the sample to the liquid-based cytology container (follow local cytology guidelines)
30	Label the sample
Removing the speculum	
31	Loosen the locking nut on the speculum and partially close the blades
32	Gently remove the speculum, inspecting the walls of the vagina as you do so
33	Cover the patient and explain the procedure is complete
34	Dispose of the used equipment into a clinical waste bin
To complete the procedure...	
35	Thank the patient for their time
36	Dispose of PPE appropriately and wash your hands
37	Complete the cytology request form
38	Discuss results process with the patient
39	Summarise your findings
40	If indicated, suggest further assessments and investigations (e.g. urinalysis, vaginal swabs, ultrasound)

Read the full guide at [geekymedics.com](https://www.geekymedics.com)



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